



COVID Policy and Procedures

2021-2022 Competitive Year

NOTE: To report an incident, contact your coach or the NYS COVID Risk Manager at covid@newbergyouthsoccer.com .

Table of Contents

Welcome	2
Subheading	2

Purpose

The purpose of this document is to provide guidelines for participating in Newberg Youth Soccer (NYS) with respect to COVID-19 and its subsequent variations as an ongoing public health risk. Any scenarios and the resulting decisions presented in this document should be treated as examples of correctly implementing the policy rather than prescriptive instructions. ***In all decisions which are required during the 2021-2022 competitive season, the COVID risk manager (Steven Cook) is the final authority.***

Background

Governing Authorities

This NYS COVID policy defers to the following authoritative policies and guidelines:

- [Oregon Health Authority \(OHA\) COVID-19 Isolation and Quarantine requirements](#)
- [OHA Statewide Reopening Guidance — Youth Programs](#)
- [OHA Masking Requirements for Indoor and Outdoor Spaces](#)

Teams participating in the Portland Timbers/Thorns League (PTTL) are required to abide by the current [Health and Exclusion Policy](#).

Additionally, NYS may follow guidance presented in the following locations:

- [US Soccer Play On Initiative](#)
- [OSAA Reminders on Masking](#)
- [OHA Indoor and Outdoor Masking FAQs](#)

Terms

See Oregon Health Authority's [Statewide Isolation and Quarantine Guidance](#) (linked from the [COVID-19 Updates page](#)) for more terminology related to COVID-19.

Susceptible/Unvaccinated Individual – an individual who has not completed a vaccination schedule

Vaccinated Individual – an individual who has completed a vaccination schedule (either one or two shots); also applies to individuals who were a confirmed COVID-19 case within the past 90 days

Close Contact – prolonged exposure (generally indoors for 15 minutes or longer) within social distancing guidelines (6 feet apart)

COVID-19 Exposure Incident – close contact with an individual who has tested positive for COVID-19. Indoor practices and games can be venues for exposure incidents. Outdoor practices and games are not generally venues for exposure incidents.

Negative Test Result – Either an at-home or lab result on an individual. Test results are valid for 72 hours.

Privacy Considerations

NYS may verify vaccination status for players and families attending various events including tryouts, games, camps, and scrimmages. This information will not be shared outside of the NYS Board, coaches, and team managers.

NYS will inform families when their players have been exposed to a person testing positive for COVID-19. The NYS COVID risk manager is no longer required to report exposure incidents to Yamhill Public Health Authority¹.

Precautions to limit COVID-19 transmission

Vaccinations

All eligible NYS participants are encouraged to get vaccinated against COVID-19 and its subsequent variants. Some NYS policies may differentiate between susceptible and vaccinated individuals. For a participant to qualify as a vaccinated individual, he/she must present their proof of vaccination to a representative of NYS (coach, team manager, board member or staff).

Proof of vaccination may be required for coaches and players at different facilities. In particular, coaches are advised to submit proof of vaccination to [OYSA's Affinity system](#).

¹“Yamhill County Public Health is no longer doing contact tracing of close contacts of COVID-19 positive cases, so it's up to you to let them know!” –

<https://hhs.co.yamhill.or.us/publichealth/page/if-i-am-sick-what-should-i-do>

Practices

Players will not be required to wear masks at practices, subject to the relevant authorities. Coaches are required to wear masks for indoor practices. Spectators should wear masks and observe social distancing practices.

Since most practices occur on Newberg School District fields, participants and spectators will abide by the relevant [OSAA regulations \(https://osaa.org/coronavirus\)](https://osaa.org/coronavirus).

Games

Home games are played on the turf field at Newberg High School, requiring participants and spectators to observe the relevant [OSAA regulations \(https://osaa.org/coronavirus\)](https://osaa.org/coronavirus). Verification of vaccination status for players and spectators is not currently required.

Away games may require verification of vaccination status in addition to masking and social distancing. Coaches and/or team managers are responsible for informing families of the requirements for away games.

General Guidelines for COVID-19 incidents

Responsibilities of Players and Families

Families are expected to follow the Oregon Health Authority [requirements and guidelines regarding isolation and quarantine](#), including self-reporting positive cases using their [optional survey](#). In addition, NYS strongly recommends families notify their coach and/or the COVID risk manager (covid@newbergyouthsoccer.com) with information including:

- Date of first symptoms or positive test
- Any incidents close contact with other players within 48 hours of first symptoms or positive test
- Vaccination status of the player

Responsibilities of NYS

NYS is responsible for notifying team participants of any reported COVID-19 exposure incidents during practices or games. Coaches who have been notified of confirmed COVID-19 cases on their team will pass these along to the COVID risk manager (covid@newbergyouthsoccer.com). The COVID risk manager and/or the Director of Coaching is responsible for notifying the league for any games which need to be rescheduled or forfeited due to a team which needs to isolate due to confirmed COVID-19 cases.

NYS will continue to report cases to the Yamhill Public Health Authority when required to do so. As of January 2022, this is not necessary.

Example Scenarios

A Player Tests Positive for COVID-19 within 48 hours after a practice or game

On Wednesday, Rachel is feeling a sore throat and feverish. Her family administers a home test for COVID-19 and she tests positive. She last practiced outdoors with her team on Tuesday, and the team has an upcoming game this weekend.

What should Rachel's family do? Rachel should isolate and unvaccinated family members should quarantine per the [OHA requirements](#), currently 5 days following illness onset. The family should contact her coach (Coach Kelly) with:

1. the date Rachel felt symptoms and/or tested positive ("illness onset"),
2. any incidents of close contact with other NYS players in the 48 hours prior to illness onset, including her brother Nicholas who plays on another team, and
3. whether Rachel is up-to-date on COVID-19 vaccinations

Brother Nicholas, if he is unvaccinated, should quarantine for the remainder of the week (5 days after illness onset). His family should notify his coach that he will not be at practice due to exposure to COVID-19. On the other hand, if Nicholas *is vaccinated*, he may continue to practice with his team, provided he remains masked at all times, per the current OHA requirements. His family should still notify his coach about his exposure to COVID-19.

What should the coach do? Coach Kelly should pass all incidents of close contact on to the NYS COVID Risk Manager (covid@newbergyouthsoccer.com). Since Tuesday's practice was outdoors, *the team is not required to quarantine and is allowed to play the game this weekend.*

If Tuesday's practice was held indoors, the scenario is different, as it is likely Rachel was in close contact with several of her teammates. In this case, Coach Kelly should inform the team's families of the likely COVID-19 exposure incident. *The upcoming game is at risk of needing to be rescheduled/forfeited, depending on the number of players who are up-to-date on their vaccinations.* Vaccinated players who do not experience symptoms could even practice while masked on Thursday, according to the current OHA requirements.

What should other families do? In the original case presented above, Tuesday's practice was outdoors and no close contact incidents occurred. The team's families would not be notified by the coach and would be expected to report any new cases as if they were unrelated to Rachel's illness.

In the scenario where Tuesday's practice was indoors, the team's families would be notified of the COVID-19 exposure incident, and all unvaccinated players should quarantine according to the current OHA requirements.

A Family Member Tests Positive for COVID-19 prior to a practice or game

On Monday, Eduardo's father tests positive for COVID-19. Eduardo is scheduled to practice with his team on Tuesday and Thursday, with an upcoming game on Saturday.

What should Eduardo's family do? *If Eduardo is unvaccinated*, he should quarantine according to the current [OHA requirements](#). *If Eduardo is vaccinated*, he can practice with his team, provided he remains masked at all times. In either case, his family should notify his coach (Coach Robert) of the COVID-19 exposure incident and their decision whether to allow/prevent him to practice with the team. Per the current OHA requirements, Eduardo should get tested 5 days after his father's onset of illness (Saturday).

If Eduardo begins to experience symptoms or tests positive for COVID-19, the family (and Coach Robert) should follow the guidance in the previous example for a player who has COVID-19.

What should the coach do? Coach Robert should note the date of the COVID-19 exposure incident from the family's call and confirm that no other players on the team had a close contact incident with Eduardo's father. Depending on whether Eduardo is vaccinated or not, Coach Robert should allow Eduardo to return to play after he has finished his quarantine period.

Revision Summary

June 2020 – original policy

January 2022 – rewritten to bring in external guidance and account for different vaccination status